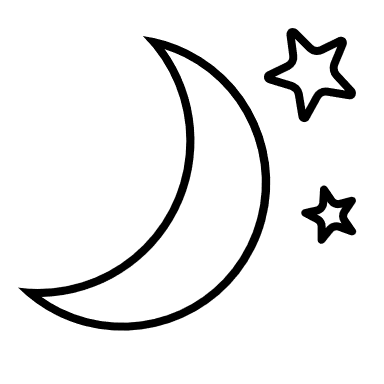
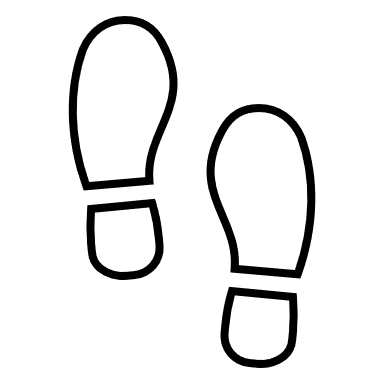
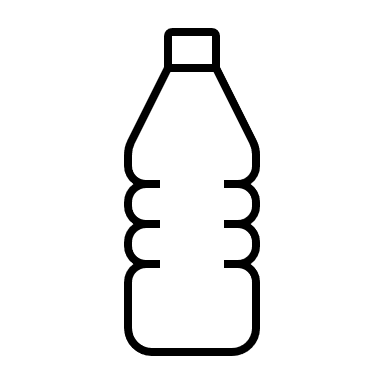
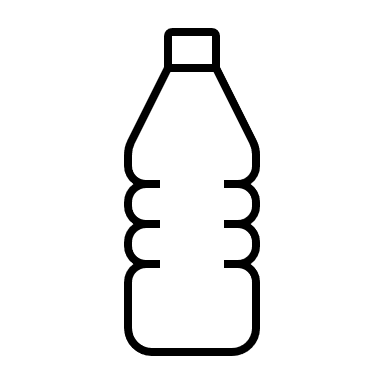
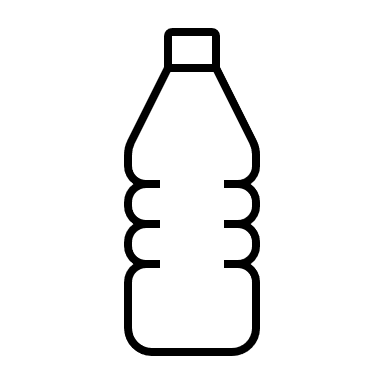
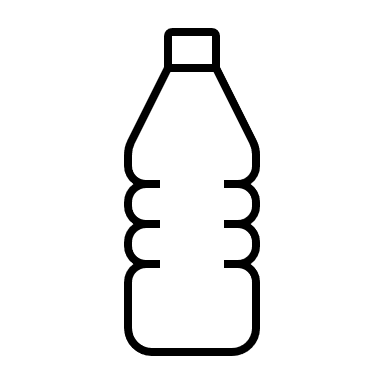
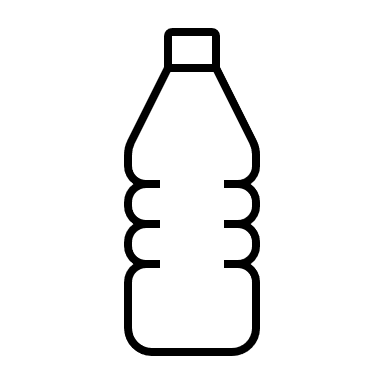
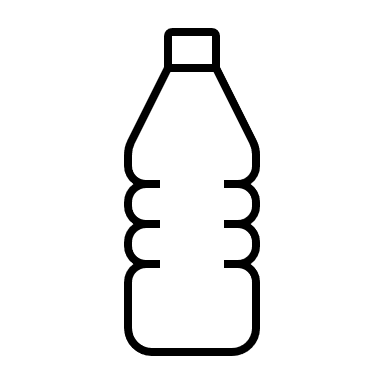
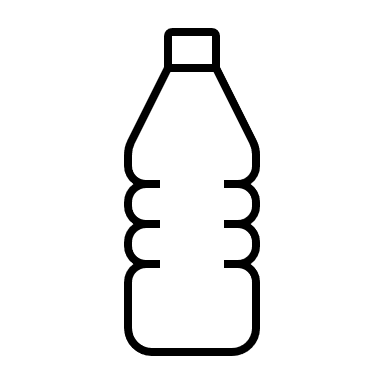
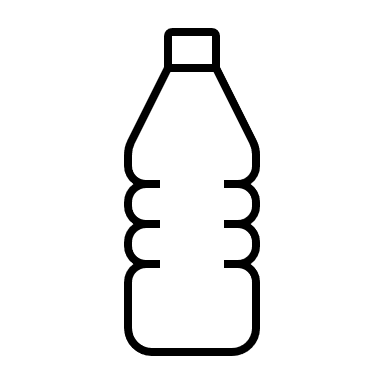
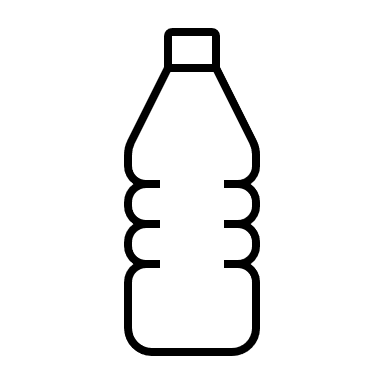
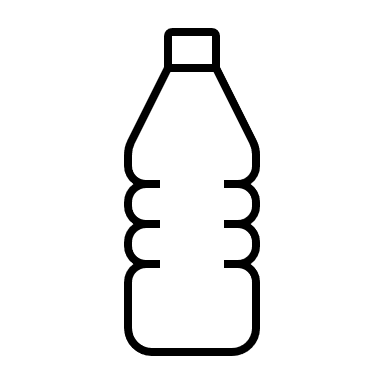
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| DATE | Click or tap to enter a date. |



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| **RATE 1-5** | | | | | |
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| PRODUCTIVITY |  |  |  |  |  |
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| **WATER** |
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| **STEPS** | **SLEEP** |
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| **FOOD INTAKE** | |
| BREAKFAST | LUNCH |
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| **TODAY’S FOCUS** | |
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| **DAILY SCHEDULE** | |
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| **BRAIN DUMP** |
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